

COVID-19 Follow-up Testing Guide

Use this guide for next steps to take after receiving an initial test result, based on whether or not you have symptoms and type of test (antigen or PCR). This guidance applies regardless of your vaccination status or if the test you took was completed in person at a clinic or at home (also called self-tests). At-home test results should be reported to the Health Department by completing this online form. The chart continues on the next page. Find more detailed information:

- for people with COVID-19 about isolating and notifying close contacts at healthvermont.gov/covid19positive
- for close contacts about quarantine and testing at healthvermont.gov/aboutclosecontact.

	Initial Test Result	Next Steps	Results from Follow Up PCR	Final Steps
PCR Test	Negative without symptoms	Or, if you are a close contact and in quarantine, continue following the quarantine guidance.	A follow up PCR is not needed.	
	Negative with symptoms	Stay home until symptoms resolve. If you are a close contact and in quarantine, continue following the quarantine guidance.	A follow up PCR is not needed.	
	Positive with or without symptoms	Treat as a positive. Isolate and notify close contacts	A follow up PCR is not needed.	
Antigen Test	Negative without symptoms	None Or, if you are a close contact and in quarantine, continue following the quarantine guidance.	A follow up PCR is not needed.	

	Initial Test Result	Next Steps	Results from Follow Up PCR	Final Steps
Antigen Test	Positive with symptoms	Treat as a positive. Isolate and notify close contacts. Optional: Get a follow up PCR test within 48 hours of the initial antigen test.	A follow up PCR was not done, or if a PCR was done more than 48 hours since the initial test, regardless of result	Isolate and notify close contacts.
			If PCR is positive	Isolate and notify close contacts.
			If PCR is negative	Stay home until symptoms resolve.
				If you are a close contact and in quarantine, continue following the quarantine guidance.
	Negative with symptoms	Get a follow up PCR test.	If PCR is positive	Isolate and notify close contacts.
		If you are a close contact and in quarantine, continue following the quarantine guidance.	If PCR is negative	Stay home until symptoms resolve.
				If you are a close contact and in quarantine, continue following the quarantine guidance.
	Positive without symptoms	Treat as a positive. Isolate and notify close contacts.	A follow up PCR is not needed.	