Fall 2021 Lamoille Union Athletic Department Bulletin

Greeting Lancers!

The start of the fall 2021 sports season is fast approaching. Please read and share the information below to ensure that all student athletes who are intending on participating in a fall sport are aware of the following information.

If prospective student athletes have not done so already, they should sign up for the Fall Sport they are interested in participating in, via the following email; [tmessier@luhs18.org](mailto:tmessier@luhs18.org).

Regardless of the sport of interest, prospective players should arrive 15 minutes prior to scheduled practice times and should bring a water bottle, appropriate footwear, weather appropriate clothing and snacks.

Information for the initial opening practice sessions is available below. The respective coaching staffs will share additional scheduling and calendar information during the first few days of practice.

The Athletic Department paperwork packet is available upon request, via email, by contacting AD Messier.

The Athletic Department will update all prospective student athletes, families, spectators and the greater school community of any future COVID guidance/protocols that may be released by the CDC/AOE/VPA.

Please contact Athletic Director Tim Messier at tmessier@luhs18.org or 802-851-1333 with any inquiries you may have.

Fairfax/Lamoille Football Grades (9-12)

Equipment Handout- TBA

First day of practice- Monday, August 16th (4:30 pm--7:30 pm)

Practice times 8/16 through 8/20, Monday through Friday (4:30 pm-7:30 pm)

Practice on August 21st (8:00 am-11:00 am)

Any prospective football players should contact Head Coach Craig Sleeman at dsleeman80@comcast.net AS SOON AS POSSIBLE to be sure you have all the necessary, updated football information.

High School Girls’ Soccer Grades (9-12)

Thursday, August 19th- Try-out Overview (8:30-9:00) LU Upper Fields

Practice (9:00-11:00)

Friday, August 20th- Cooper Test at PA Track (9:00-10:30) Tentative

Practice (5:00-7:00) LU Upper Fields

Saturday, August 21st – Formation Review (9:00-10:00) LU Upper Fields

Practice/Beep Test (10:00-12:00)

High School Boys’ Soccer Grades (9-12)

Thursday, August 19th + Friday, August 20th – LU Upper Fields

The 8/19 and 8/20 practice sessions will run from (3:00-5:00).

The 8/21 practice will run from (1:00-3:00).

High School Boys’ and Girls’ Cross Country Grades (9-12)

First Practice = Thursday, August 19th and Friday August 20th (8:00 am)

Practices on 8/23, 8/24, 8/25, and 8/26 will begin at (3:15).

Practice on 8/27/21 will be at (8:00 am)

Please meet at the baseball dugout closest to the parking lot.

High School Golf (Boys’ and Girls' 9-12)

The Athletic Department at Lamoille Union High School is currently seeking to fill the vacant Varsity Boys’/Girls’ Golf coaching position.

As soon as this coaching position is filled, additional information regarding the official start of the fall 2021 golf season will be shared directly with those students who have signed up via email with Athletic Director Tim Messier.